

# Annual Report 2014-15



Healthy Options  
Australia

# Our 2014-15 highlights



Healthy Options Australia, as part of the Queensland Coalition for Action on Alcohol (QCAA), were successful in lobbying the QLD Government for a range of alcohol harm reduction measures.



Drug ARM's Schoolies Recharge Zone gave over 42 hours of support to young people attending the celebration and handed out 21,000 cups of water.



The Australian College of Community Services (ACCS) delivered 100 non-accredited workshops to 797 participants across Australia.



News in Mind, the online mental health news service of the Mental Health Association Qld (MHAQ), had over 30,000 website visits by 19,649 users in 12 months.



Drug ARM Outreach Services completed 505 patrols across Queensland, New South Wales and South Australia.



Drug ARM developed and launched a comprehensive online alcohol, tobacco and drug prevention and networking website [www.myaodprevention.org.au](http://www.myaodprevention.org.au)



The Healthy Options Australia Central Intake Service was launched in October 2014. Since inception the service has conducted over 1200 eligibility screens and managed approximately 350 crisis callers.



The Healthy Options Australia Library established its online collection with 49 eBooks and 12 journal subscriptions available to access at any office in Australia.



Drug ARM launched the Creating Options Program . So far the new clinical program has assisted 323 new clients and provided over 4,049 instances of support.





21

Quality programs  
and services



55,000

volunteer hours given  
to the Group



3

State jurisdictions



# Corporate Directory

## Directors

### Chair

Dr John Roulston AM

### Vice Chair

Rev Dr David Loder - retired January 2015

Mr Peter Henderson - appointed January 2015

### Treasurer

Mr Peter Henderson - retired October 2014

Mr Harold Peacock - appointed October 2014

### Board Directors

Pastor Don Bain

Ms Linda Bryant

Mr Bradley Strong

## Executive Director and Superintendent

Dr Dennis Young

## Registered Office

473 Annerley Road

ANNERLEY QLD 4103

## Auditor

Mr Andrew Vivian, Priestleys Chartered Accountants

## Website

[www.healthyoptions.org.au](http://www.healthyoptions.org.au)

## ABN

56 285 096 184

This financial report covers the consolidated financial statements for the consolidated entity consisting of Healthy Options Australia the trading name for the Drug Awareness and Relief Foundation (Australasia) and its subsidiaries the Australian College of Community Services Pty Ltd (ACCS), Drug ARM Australasia (DAA) and the Mental Health Association of Queensland Ltd (MHAQ).



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Our vision, mission  
& values  
In memorium

# Chairman's message

## Dr John Roulston AM

Chairman

Cert T BEd|MLitt|MEd Admin|PhD|FQIEA|FAIM|FACEL|FACE

I am delighted to present this report to the members at the 2015 Annual General Meeting on the operations of the Drug Awareness and Relief Foundation (Australia) trading as Healthy Options Australia during the past year. Healthy Options continues to maintain a strong financial performance despite the uncertainty of the financial markets.

The demand for our services continues to outstrip our capacity to expand our programs and services to meet the demand and that is a major reason for our strategy to move to more online treatment and support options for our clients and consumers. Since our recent merger of the Drug ARM, Australian College of Community Services and the Mental Health Association of Queensland this group now has in excess of 100 years' experience in delivery programs and services and remains one of the leading alcohol and other drug

service providers in Queensland especially.

The Board continues to actively monitor both the operational and financial performance of the group through its rigorous governance structure that incorporates both corporate and clinical governance frameworks. This is achieved through regular meetings of the Board and its numerous expert committees. During this year the Board reviewed its governance frameworks and resolved to move to more reliance on the parent Board. The Healthy Options Board and the subsidiary boards of the Australian College of Community Services Ltd (ACCS), Drug Arm Australasia (DAA) and the Mental Health Association of Queensland Ltd trading as the Mental Health Association of Australia (MHAA) would reduce their meetings in line with this new structure.

This change saw a number of Directors from MHAQ, ACCS and Drug ARM not being reappointed to these board from 1 January 2014. The majority of these Directors

moved to become members of one or more of the expert board committees namely:

- 1) Financial and Audit Committee
- 2) National Policy Council
- 3) Risk Management and Compliance Committee

Despite the challenges during the year that included the revenue centres of the College and the Retail Shopping Centre not achieving their expected revenue targets, Healthy Options has again this year reported an overall surplus of some \$366,522. The subsidiaries ACCS returned a surplus of \$17,256, DAA returned a surplus of \$108,133, and MHAA returned a surplus of \$217,971 with the overall consolidated group returning an overall surplus of \$809,049 for the year under review.

I thank all of the Directors for their diligent commitment and effective voluntary contribution to the work of our organisation. The Directors continue to place great emphasis on





sound governance, financial policies and management, risk management and compliance as well as well assisting and support the management team to achieve the pleasing results again this year.

The executive management team is led by Dr Dennis Young and includes Ms Jody Wright (Executive Officer), supported by our Finance Managers Ms Heather Pitt and Mr Peter Prendergast. The team continue to achieve outcomes in an extremely difficult climate.

This year saw the separation of our Executive Officer for Mental Health Association of Queensland Ms Kathryn Kenny and this position was not replaced due to the changing needs of our group both now and in the future. Ms Kenny left our organisation to pursue other career opportunities. All of the Directors, management, and staff wished Ms Kenny well in her future endeavours.

I thank each of our church and agency members for their support over the past year. We look forward especially to continuing to work with them on the many challenges facing the community sector here in Queensland . These church and agency associations have been in place since 1933. So for a record for over 80 years we have maintained these working relationships that make our achievements possible.

Blessings

Dr John Roulston AM - Chair

# Executive Director's report

Dr Dennis Young

Executive Director and Superintendent

B.Bus | MBA | Grad Dip FET | DHSM | FAIM | AFCHSE | MAICD

It is with much pleasure that I present the annual report of the Drug Awareness and Relief Foundation (Australia) trading as Healthy Options Australia for the 2014-2015 financial year to our member churches and agencies. This is the 28th Annual Report that I have had the honour of presenting to our members.

The contribution of the Directors and members of the various Board Committees to the overall governance of the organisation is acknowledged with appreciation by all members of the management team. The knowledge, professionalism and experiences that these highly motivated and committed people bring to our organisation is always inspirational to the management team and staff.

Drug ARM retains its specialist focus on alcohol and other drug programs and services to reduce harms associated with alcohol and other drug use. With over 80% of DRUG ARM clients also presenting with mental health issues.

The Mental Health Association Qld Ltd (MHAQ) retains its presence in Queensland although a greatly reduced presence currently and the Australian College of Community Services (ACCS) achieved a much improved result for this year which provides the Board with some encouragement for the coming year.

The Board continues to regularly

monitor the financial performance of the Foundation. The continuing uncertainty in the global financial market continues to impact upon the value of and overall performance of our asset and equity portfolios again this financial year.

The Directors, though small in number, continue to work extremely diligently throughout the year with their voluntary service on the Foundation Board of Directors, as well as the Finance and Audit Committee. The Foundation Directors continue their emphasis on sound governance of both corporate and clinical matters together with their financial management of the Foundations assets.

The online presence of our group continues to expand and the decision was made to expand the support for the online presence for the 2015-2016 financial year.

The National Policy Council continues to provide invaluable contribution to both our policy and service delivery arms of the group. Under the leadership of Professor Jake Najman and Adjunct Professor Joesph Debattista this council comprises a number of eminent leaders in the alcohol and other drug and the Mental Health fields. Newsinmind.com continues to be the flagship for the MHAQ under the leadership of both a business and editorial committee. The Editorial Committee is chaired by Professor Ian Webster.

The group websites and social media profiles all provide unique avenues of communications for our group to reach out to our clients, consumers, supporters and donors.

The Queensland Coalition for Action on Alcohol (QCAA) which is one of the major policy vehicles for Healthy Options continues to expand in numbers and relevance. Having the QCAA policy for the last State Election adopted by the then Opposition Party was a major success for this coalition and it is expected that the legislation to implement these reforms will take place late in 2015. Our key partners in this coalition are Australian Medical Association Qld, Royal Australasian College of Surgeons, Foundation for Alcohol Research and Education, Lives Lived Well and the Drug and Alcohol Nurses Association.

Our education and training company offers the opportunity to provide specialised training to all sectors and was successful in obtaining its RTO accreditation up to and including 2020. There is still much work to be undertaken to ensure the long term success of the College and the group will be moving to appoint a Business Manager for the College in the next financial year.

This financial year saw the departure of Mr Peter Prendergast from the position of Finance Manager in September 2014. The group thanks Mr Prendergast for his contribution and input into the success of our group and wish him every success in the future.

I would also like to extend my appreciation to all our staff, volunteers and students for their understanding, patience and support during the difficult periods we faced during this year. I thank the members of the executive team for their continued support, encouragement and for the time and effort



they contributed to ensure our operations continued to run smoothly.

I thank the current Healthy Options Board members for their continued outstanding contribution to the group. The Directors remain committed to ensuring the organisation remains fully accountable and transparent to our members, donors, supporters and key stakeholders as well as continuing their ongoing commitment to continuous learning and quality improvement both in services delivery and management practices. The organisation continues to retain processes that ensure that it can provide a safe, happy and healthy workplace for our staff, volunteers and clients.

The Directors also remain committed to the dissemination of accurate information through the provision of quality prevention programs that include health promotion, awareness, education and outreach.

The underpinning historical philosophies of the organisation remain at the core of our work. Our programs and services incorporate a harm minimisation framework that includes supply, demand, and harm reduction strategies.

It is with mixed emotions we are saying thank you to our Chairman Dr John Roulston AM, who is retiring from his position at this meeting. Dr Roulston AM first joined the Board in 1999 and has served as Director, Vice Chairman and was elected Chairman in 2009. John has served for over 16 years. His unique leadership and skills at Board level has been appreciated by not only the Directors but also but our staff, volunteers, students, clients and consumers.



On behalf of the organisation and our members, we thank John for his commitment, devotion and passion for our work and wish Dr John Roulston AM and his wife Lyn health and happiness in the many years ahead.

Detailed annual reports for each of our subsidiary companies namely The Australian College of Community Services Ltd, Drug ARM Australasia and the Mental Health Association Qld Ltd are available for members on request.

Blessings

Dr Dennis Young - Executive Director



Responding to  
Methamphetamine Forum



Mental Health Week  
Breakfast Forum

# Treasurer's message

## Mr Harold Peacock

Treasurer

GDipAppFinInv, BA

It is with great pleasure that I present my first annual report as Treasurer for the 2014-2015 financial year. The financial year saw Healthy Options Australia end the year on a difficult note with an overall deficit for the group of \$747,491 which was a great disappointment to the very positive result achieved the previous year.

This deficit resulted from a number of specific issues including a reduction in government contracts of approximately \$1.5m, Drug ARM Deposits was officially closed on the 31 December 2014 and a fair value loss on the investment properties of \$407,272. The group continues to struggle with ongoing operational difficulties with the Mental Health Association of Queensland, and the Australian College of Community Services College, as these entities are working through the significant loss of program income.

Healthy Options Australia properties are valued every three years in line with Board policy and these were undertaken 2015. The valuation saw a positive and very encouraging increase in the value of the Gailey Road Centre to a current value of \$9,440,000 from an initial purchase value of \$4,775,000 in 1992. The Toowoomba Retail property on the other hand was most disappointing with a current market value of \$5,500,000 from the initial purchase value of \$7,350,000 caused by a continuing vacancy. The Board is pursuing a strategy to rectify this during the next financial year.

The Gold Coast Buildings owned by the Mental Health Association of Queensland with a loan from the Queensland Government also reflected the current soft property market on the Gold Coast. Unit 29 Jackman Street Southport was valued at \$280,000.00 from an initial purchase value of \$400,000.00 while Unit 30 Jackman Street Southport was valued at \$380,000.00 from an initial purchase price of \$400,000.00.

During the financial year under review, the financial markets showed positive recovery in the early months, but a reduction in the final weeks. However the value of the investments increased in overall value by \$97,156.00. The property trusts continue to slowly increase their value which resulted in a positive overall increase in value of some \$78,675.00.

The Finance and Audit Committee (FAC) of the Board met 12 times during the year to fulfil its role of monitoring and overseeing the accounting and financial functions and processes within the Foundation. The FAC members continue to work diligently, and their commitment to this extremely important role is demonstrated through their willingness to attend meetings and to actively participate in all activities associated with the committee. The Finance and Audit Committee is a Board Committee.

The members of this committee for the reporting period were: Mr Peter Henderson (Treasurer and Chair\*changed roles at the Annual Meeting 2014), Mr Harold

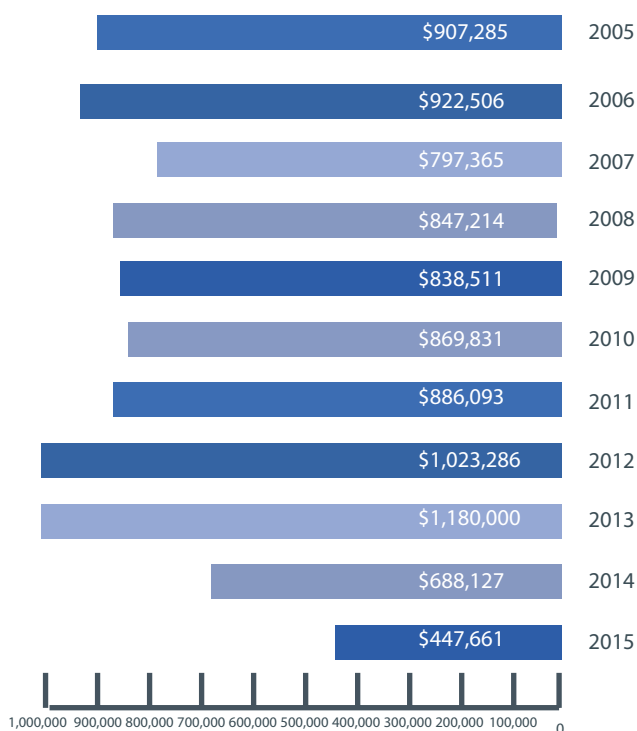
Peacock (assumed Treasurer's role at the Annual Meeting), Pastor Don Bain, Dr John Roulston AM (Foundation Chair) and Dr Dennis Young (Executive Director/ Superintendent) who were ably supported and advised by the Finance Managers, Ms Heather Pitt, Mr Peter Prendergast\*left organisation September 2014, the Executive Officer, Ms Jody Wright and Ms Alexandra Davis.

This has been a particularly demanding year and I specifically mention Ms Heather Pitt who continues to provide outstanding service to our group.

### Donation to the Entities

During the 2014-2015 financial year Healthy Options Australia made a significant donation of \$387,661 to Drug ARM, \$40,000 to Mental Health Association of Queensland and of \$20,000 to ACCS making a total donation amount for this financial year of \$447,661. These donations continue the history of donations from the Healthy Options to its controlled entities.

The following graph summarises the donations to the entities:



## Healthy Options Australia Assets

The major components of Healthy Options Australia's asset base comprise the direct property portfolio, share portfolio and property trust portfolio.

### Property Portfolio

The property portfolio consists of:

- Gailey Fiveways Shopping Centre, Taringa – valuation \$9.440 million
- Toowoomba RedEdge Centre – valuation \$5.500 million
- Gold Coast Centre – Jackman Street Southport – valuation \$660.000.00

Total Valuation for our Property Portfolio is \$15.100 million



Gailey Road Centre



RedEdge Centre



Gold Coast Centre

### Share Portfolio

The Healthy Options Australia Board is pleased to report an overall increase in value of our Share Portfolio. The value of our Share Portfolio, as at the 30 June 2015, was \$3,706.231.

Hyperion Asset Management has been managing this portfolio for over 10 years and has exceeded the benchmark.

### Property Trust Portfolio

The property trusts continue to slowly recover their values over recent years and as at 30 June 2015 the value of this Portfolio was \$622,414. The Board undertakes regular reviews of the property trust portfolio.

### The Deposits

DRUG ARM Deposits was officially closed 31 December 2014.

### Risk Management and Compliance

The FAC continues to monitor the financial risk for the group and to assist and guide the committee in this process the Board has developed and implemented a Treasury Risk Policy together with an Investment Policy. These policies assist by providing the framework for the FAC to provide oversight to the Financial Risk Management of the Group.

### Conclusion

In conclusion, Healthy Options Australia is confident that the asset portfolio will continue to increase, subject to market fluctuations. Funding core programs continues to be a major focus of the Board in the coming financial year with a view to increasing the diversifying the groups income streams to offset the reduction in government contracts. The Board is seeking

to increase its business and social ventures while working to expand its fundraising base.

There are a number of significant challenges and opportunities ahead for the group during the next financial year but through the ongoing and continued help and support of our members and supporters we remains confident of overcoming the short term challenges and maintain achieving our goals and outcomes.

The significant areas of concern within our group from a strategic risk situation remains the current performance of the recently purchased Retail Centre in Toowoomba, the Mental Health Association and the College as these organisations change their strategies to become more competitive in the changing environment. The executive management team is continuing to work with senior staff members and external consultants to improve the performance of all of the revenue centres. The Board is maintaining a close supervision of the performance of all revenue centres within our group as each provides the key to the expansion of our group of companies.

I commend this financial report to the members.

Mr Harold Peacock - Treasurer





# Finance manager's report

## Ms Heather Pitt

MIPA | Group Finance Manager

### Income and Expenditure Review

This is the annual report for the Group Entity of the Foundation, Drug ARM Australasia, the Australian College of Community Services and Mental Health Association Qld which commenced July 2011. There have been considerable changes to the finances of the organisations with the reduction in grant funding of 27%.

### Income

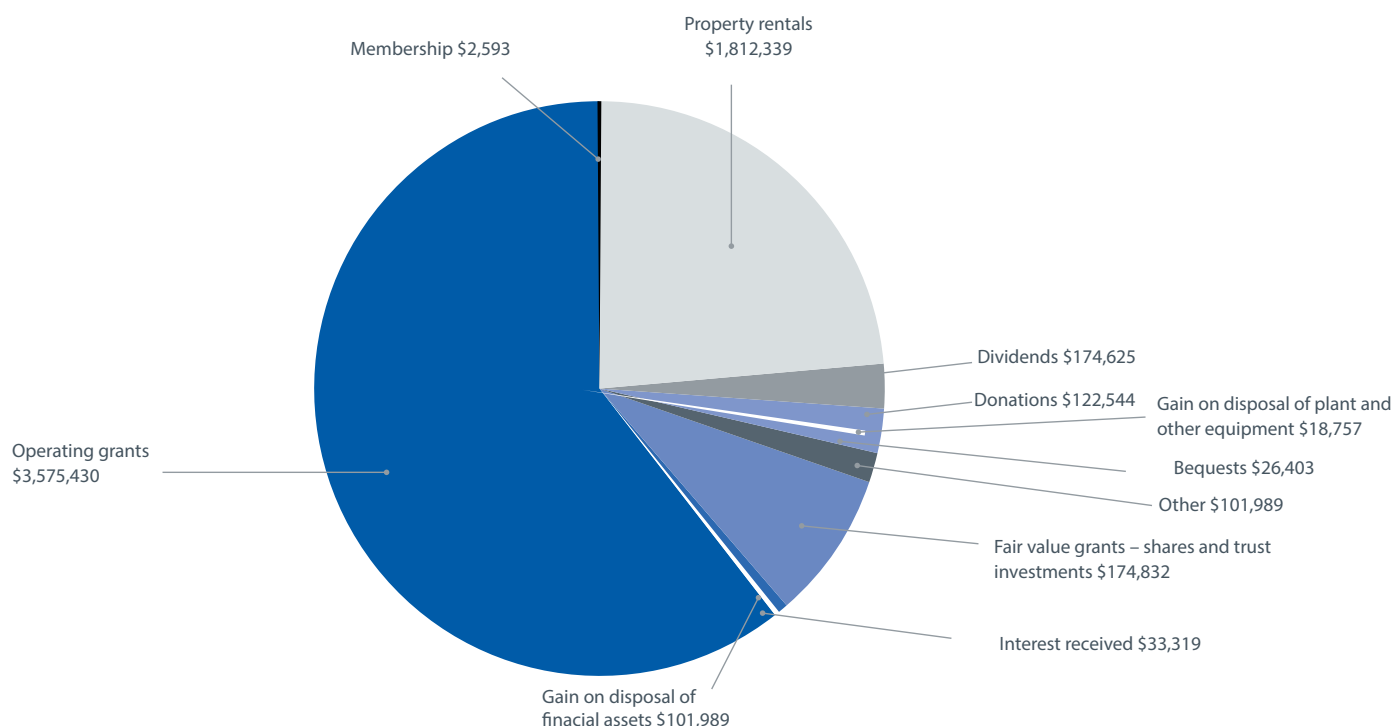
The total income for the group was \$7,004,874 which is a reduction of 22%. The most significant decreases have been, 27% Operating Grants, 70% Fair Value Gains shares and property trusts, and 85% Bequests. On a positive note there have been increases in donations, interest received and property rentals.

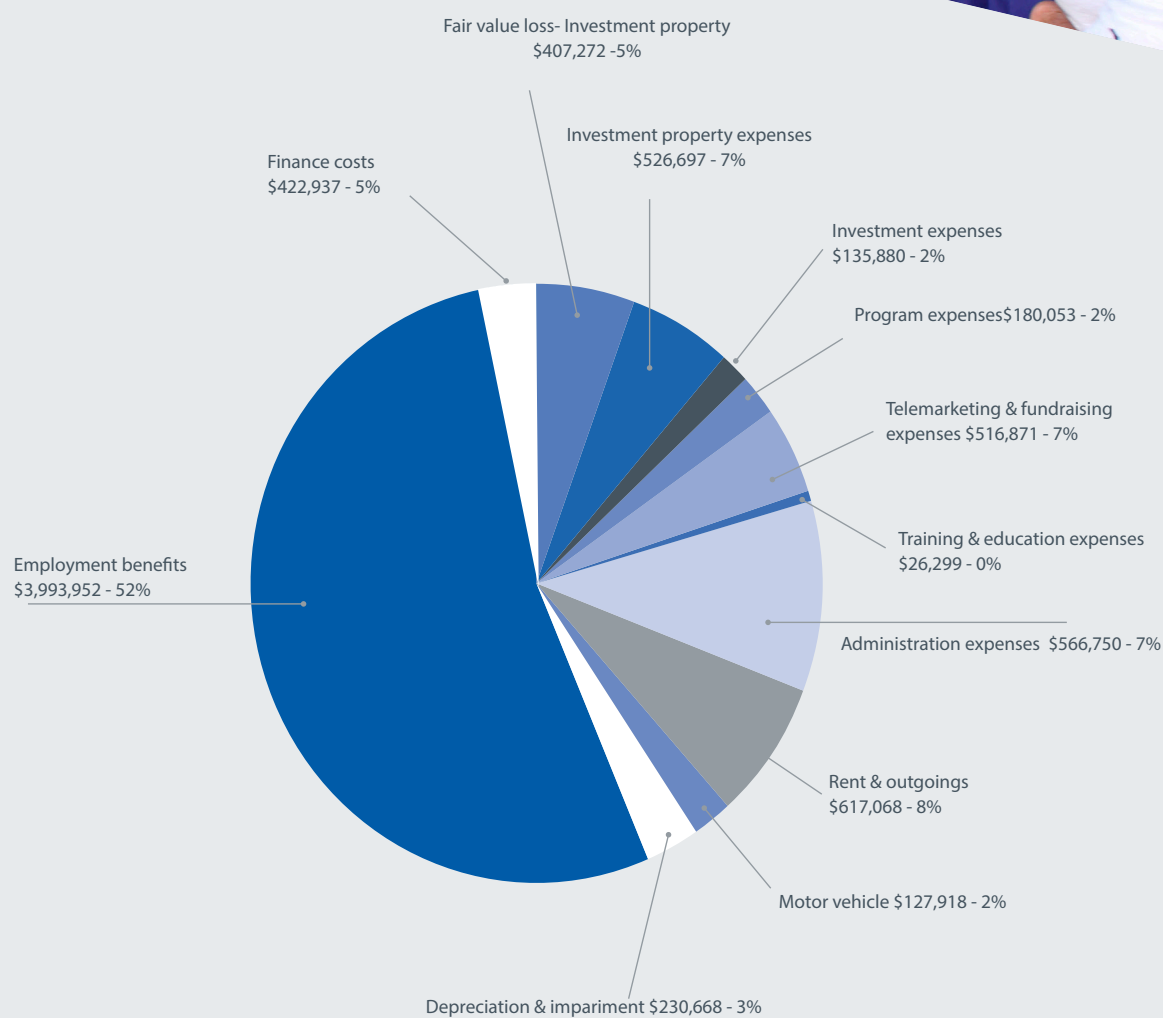
### Expenses

Operating expenses have remained relatively consistent in recent years. Because programs run by the Group requires clinical, training and other staff employment benefits will remain the highest costs being 52% of the total expenditure. Although program costs are only 2% of total expenditure this does not include employment benefits and other subsidiary costs which are part of running the programs.

Administration costs are required to efficiently run the organisation and are kept as low as possible while still maintaining this efficiency. The Group has reduced these costs by 3% in the current financial year.

The following graphs summarise the sources of income for the entity in this financial year:





### 3 Year Trends

This is the fourth annual report since the merger of the four entities into the Healthy Options Group and it seems an appropriate time to look at the result of the Group.

The Group expensed \$7,752,365 in 2014 2015 which is a 5% decrease from last financial year. The decrease of the operating costs is due to changes in program funding arrangements, while there were increases in cost for investment property expenses, investment expenses and the decrease in the value of the Southport property

The investment expenses are dependent on the purchases and sales of shares during the year and will increase or decrease as the broker considers it necessary to make changes to the portfolio.

Ms Heather Pitt - Group Finance Manager

	Revenue		
	2013	2014	2015
	\$	\$	\$
Revenue	9,281,268	8,931,427	7,004,874
<b>EXPENSES</b>			
Administration expenses	(733,976)	(830,309)	(566,750)
Rent & outgoings	(673,235)	(620,861)	(617,068)
Motor vehicles	(28,503)	(176,891)	(127,918)
Depreciation & impairment	(270,875)	(242,999)	(230,668)
Employment benefits	(4,747,333)	(4,556,553)	(3,993,952)
Finance costs	(471,958)	(462,644)	(422,937)
Investment property expenses	(306,780)	(499,414)	(526,607)
Fair value loss - investment property	(310,833)	0	(407,272)
Investment expenses	(155,071)	(121,315)	(135,880)
Program expenses	(345,572)	(174,099)	(180,053)
Telemarketing & fundraising expenses	(381,943)	(397,093)	(516,871)
Training & education expenses	(142,619)	(39,200)	(26,299)
Net surplus (deficit)	(8,568,689)	(8,122,378)	(7,752,365)





#### Percentage of Expenses

	2013 %	2014 %	2015 %
<b>EXPENSES</b>			
Administration expenses	9	10	7
Rent & outgoings	8	8	8
Motor vehicles	0	2	2
Depreciation & impairment	3	3	3
Employment benefits	55	56	52
Finance costs	6	6	5
Investment property expenses	4	6	7
Fair value loss - investment property	4	0	5
Investment expenses	2	1	2
Program expenses	4	2	2
Telemarketing & fundraising expenses	4	5	7
Training & education expenses	2	0	0
<b>Total</b>	<b>100</b>	<b>100</b>	<b>100</b>

# Executive Officer's report

## Ms Jody Wright

Executive Officer

AMusA, BPSYSC

The 2014-15 year saw another year of challenges and celebrations for our services and programs. In an environment of change and changes to Government contracting across all states, I thank our staff and volunteers for their resilience and patience as some longstanding programs wound down and others waited in anticipation for news of future investment. These changes saw a change to a centralised operational and management structure across the Healthy Options Australia group. My sincere thanks must go to the State Management team for their many years of hard work and their understanding and professionalism in transitioning to a National management model.

Despite Government investment being in an understandable changing environment, I recognise and celebrate the opportunities that are to come as a result of the inclusive strategic direction that our organisations have been set under leadership of the Board. Thanks to our innovative and dedicated Board of Directors for their vision and in particular their ongoing support.

It is simply not possible to mention all of our achievements and gratitude must go to all of our staff, students and volunteers for the amazing work that they do.

### Senior Management Team

South Australia State Manager  
Samantha Raven

Queensland State Manager  
Sharyn Kuhn

New South Wales State Manager  
Vanessa Rebello & Tim Buckley

National Programs Manager  
Michael Stubley

Australian College of Community Services Ltd (ACCS)

This year saw ACCS continue to be a leading training provider to the community services sector. The ASIST suicide intervention training remained in high demand with ACCS becoming a leading provider of the international training program in the country. As always, ACCS recognises and thanks its wide range of partners including, Queensland's Alcohol and other drug peak body – Queensland Network of Alcohol and other Drugs Agencies (QNADA) for providing specialised dual diagnosis training to its wide ranging members; the Workforce Council for achieving mental health sector workforce development objectives; the ongoing delivery of mental health and alcohol and drug training to both Police Link and the Queensland Police Service; and Mental Health First Aid training on behalf of a range of Medicare Locals including Metro North Brisbane and Gold Coast Medicare Locals. ACCS also thanks the aged care advocacy organisation Queensland Aged and Disability Advocacy for the longstanding partnership to deliver mental health awareness training to the aged care sector in the form of MHwise. This partnership was re-negotiated this year and will now see ACCS as a contracted facilitator on behalf of QADA. A range of successful grants allowed free suicide intervention training to the youth sector and in particular ACCS thanks the Brisbane City Lord Mayor trust for its kind support.

Providing awareness training to young people is an important part of ACCS work and its dedicated schools program

continued throughout the year. Thanks must be given to Nambour Rotary Club for its ongoing sponsorship of a dedicated school education program in the region. The commitment to work in partnership with schools to raise awareness of mental health and alcohol and drug issues is important and will remain a strong focus for the organisation into the future.

### Mental Health Association Qld (MHAQ)

MHAQ's important work continued this year. Intake services for referral into the Gold Coast Partners in Recovery (PIR) program saw over 300 people with mental health issues linked to vital services. Now in its second year, this National program has been successful in providing linkage services and achieving systems change designed to improve mental health services and MHAQ thanks the Department of Health for its support of this program.

The niche mental health news platform NewsinMind.com continued to provide access to the latest news, research and opinion articles from leading experts. Social media was successful in cross-promoting and directing people to the website, helping it to greatly expand its member base.

Sadly, the longstanding Queensland-wide InfoLine Service was closed due to a lack of Government funding for statewide mental health services. The InfoLine had operated for nearly 15 years and provided vital information to thousands of individuals over that time. This achievement is celebrated and the hard work of all staff and volunteers involved over so many years is recognised. Thanks to you all for your commitment and energy over the years.

As the mental health sector prepares for transition to the National Disability Insurance Scheme (NDIS), MHAQ provided

continual support to the community by hosting a range of NDIS seminars and information sessions. NDIS will be implemented in Queensland in 2016 and it represents a vast change to the delivery of mental health services. This change represents a new opportunity for MHAQ and we are excited about the opportunities that the coming years hold.

#### Drug ARM (DAA)

Drug ARM continued to deliver a range of alcohol and other drug programs this year. The new community based treatment program Creating Options was rolled out in eight locations across Queensland. Additionally, a new Central Intake service was designed and implemented and now successfully provides assessment and linkage to services in Queensland, New South Wales and South Australia.

Drug ARM also became a provider of the statewide Drug and Alcohol Assessment and Referral program. This program forms part of the Queensland Governments Safe Night Out Strategy and is delivered in partnership with Lives Lived Well as the lead agency.

Our vital Street Outreach Services continued to provide vital outreach which could not be achieved without financial support from a range of partners including Liverpool Rotary Club, City of Onkaparinga and Metro North Brisbane Medicare Local. While this support is appreciated, important fundraising is necessary and we thank all of our donor supporters for helping us remain able to continue to reach out and reduce harm. Of course we must also acknowledge our band of dedicated volunteers for the amazing work that they do.

The Clean Needle Program in South Australia continued in its second year. This

program sees high numbers of people engage with the service and data highlights that the opportunity to build relationships has seen successful referral into our treatment and support programs.

Our regional programs in New South Wales continued this year and work alongside the families and young people in Boggabilla and Toomelah saw some stand out community events including NAIDOC week celebrations for the third year in a row. Congratulations to the team and we look forward to next year's event being even bigger.

Ms Jody Wright - Executive Officer





# Board of Directors

over the 2014-15 year



**Dr John Roulston AM, Chairman**

**CertT, BEd, Med Admin, MLitt, PhD, FAIM, FACEL, FQIEA, FACE**

Dr John Roulston AM has been involved with Drug ARM Australasia since 1996 and has been Chair of the Drug Awareness and Relief Foundation (Australia) since 2009. Dr Roulston AM is President and Chair of the Royal Commonwealth Society (Queensland) and was the former Executive Director of the Association of Independent Schools of Queensland. He has a strong history in the education sector as well as over 24 years' experience working with the not-for-profit sector. He is a past Moderator of the Queensland Synod of The Uniting Church in Australia and is currently Chair of the Bremer Brisbane Presbytery of the Queensland Synod, Interim Presbytery Minister and the Minister at Brookfield Uniting Church. Dr Roulston AM is also the Chairman of the Mental Health Association Qld Ltd, Drug ARM Australasia and the Australian College of Community Services.



**Mr Peter Henderson, Treasurer retired October 2014, Vice Chair from November 2014**

**BBus, Grad Dip Mgt, Grad Dip App Fin & Inv, FFIN, FCPA, MAICD**

Peter Henderson has been involved with the Foundation for over 35 years, having served various positions on the Drug Awareness and Relief Foundation (Australia) Board. He is also on the Board of IOR Queensland District. Mr Henderson is a current director of the Australian Rechabite Foundation. He is also on the board of DRUG ARM Australasia, Mental Health Association Qld Ltd and the Australian College of Community Services Ltd. Mr Henderson is currently the Chairman of Acacia Ridge Financial Services Ltd and has over 40 years' experience working with non-government organisations.



**Rev Dr David Loder, Vice-Chair retired October 2014**

**DMin, BA, Graduate of Theology**

Rev Dr David Loder joined the Drug Awareness and Relief Foundation (Australia) Board in April 2011. Rev Dr Loder has been the General Superintendent of the Baptist Union of Queensland since 1999. Prior to his appointment as General Superintendent, Rev Dr Loder served as a pastor in various churches across Queensland for a period of 20 years. Rev Dr Loder has also served in the Australian Defence Force.



**Mr Harold Peacock, Treasurer from October 2014**

**BA, GradDipAppFinInv**

Harold was New Business Manager at MYOB the biggest software company in Australia, where he had been for 16 years. His background includes a Post Graduate diploma with the Financial Services Institute of Australasia, and Bachelor of Arts degree double-major in journalism and government at the University of Queensland. He has worked in technology, government, financial markets, sports management, media, and communications, and is a judge in the Telstra Business Awards. Away from business, he is passionate about encouraging health through reducing harms associated with alcohol and other drug use, and raising awareness of and promoting mental health.



### Dr Dennis Young, Superintendent and Executive Director

B.Bus | MBA | Grad Dip FET | DHSM | FAIM | AFCHSE | MAICD

Dr Dennis Young has over 40 years experience with non-government organisations and has served as the Executive Director of Healthy Options Australia (previously Drug Awareness and Relief Foundation [Australia]) for 27 years; CEO DRUG ARM Australasia 13 years; CEO Mental Health Association (Queensland) Ltd; CEO Australian College of Community Services Ltd., former Member of the Australian National Council on Drugs; Member of 'Of Substance' Management Committee; Director of the Community Council of Australia, Director Queensland Network of Alcohol and Other Drug Agencies; Secretary/Treasurer Former Parliamentary Members Association Queensland, Vice Chair Kelvin Grove State College Alumni, member Australian Winter School Conference Committee; Retired Queensland Police Association and the Salvation Army. Previously served as a Director for Crèche & Kindergarten Association Queensland; the Queensland Police Citizens Youth Welfare Association; former member of the Queensland Legislative Assembly.



### Ms Linda Bryant, Director

Ms Linda Bryant has a long history with the Mental Health Association Qld and has a key passion for developing the support groups, increasing community support for and awareness of mental health, education and training aspects and the impact of dual diagnosis. Ms Bryant is the current Queensland Co-ordinator for Origins Inc. which is an organisation that supports people separated by adoption. Mr Bryant has also lent her expertise to many Government advisory committees on adoption.



### Pastor Don Bain, Director

Pastor Don Bain has served the community in many ways over his years in roles such as CEO, Seventh-Day Adventist Aged Care (South Qld) Ltd (12 years), CEO at Warburton Hospital in Victoria (4 years) which incorporated a 50-bed emergency, medical, surgical and obstetric hospital, including an alcohol and chemical dependency unit and a 50-room health care centre offering lifestyle programs; Director (2 years) with Life Plus, Pharmacist, Chaplain, Health Educator and Associate Administrator (8 years) at Sydney Adventist Hospital a premier 350-bed private hospital; Director of Health for the Seventh-day Adventist Church in the South Pacific (13 years) gaining a wide variety of experience in government policy development and implementation, health education and administration across a wide cultural spectrum; pastoral, teaching and administration appointments in church owned institutions (7 years); a retail pharmacist (5 years); and a Chief Hospital Pharmacist (3 years). Pastor Bain has also served as President and Director of Aged Care Queensland Incorporated and Board Director of Aged and Community Services Australia.



### Mr Bradley Strong, Director

BEc, Dip Training, Cert IV Outdoor Recreation, JP(Qual)

Mr Bradley Strong has many years experience working with non-government organisations. Mr Strong worked for the Salvation Army for 15 years and managed the Riverview Farm which is a centre for providing training for the long term unemployed. He has worked in the mental health sector for a number of years and is currently working for an Independent Indigenous School at Springfield, QLD. Mr Strong has also served in the Army of the Australian Defence Force.

# Director's report

## Meetings of Directors

The number of meetings of the organisation's Board of Directors and of each Board committee held during the year ended 30 June 2015 and the number of meetings attended by each Director are noted below.

The Board of Directors of the Foundation continues to monitor and review the overall governance processes within the Foundation and its subsidiaries, together with the policies and procedures and their own performance. The Board maintains a

clear policy on the separation of the roles between the Board and management.

During this year the Healthy Options Board, in conjunction with the Directors of the subsidiary companies, the Australian College of Community Services, Drug ARM Australasia and the Mental Health Association of Queensland, maintained the following Board committee meetings.

- Executive Committee
- Finance and Audit Committee
- National Policy Council
- Risk Management and Compliance Committee
- Nominations Committee
- Remuneration Committee

	Directors meetings		Finance & Audit Committee meetings	
	Number of meetings eligible to attend	Number of meetings attended	Number of meetings eligible to attend	Number of meetings attended
Dr John Roulston AM	8	5	10	2
Mr Peter Henderson	11	10	12	11
Rev Dr David Loder * retired January 2015	1	0	-	-
Pastor Don Bain	10	7	12	9
Ms Linda Bryant	9	8	-	-
Mr Bradley Strong	11	7	-	-
Mr Harold Peacock	11	5	12	9
Dr Dennis Young	11	11	12	12
Dr David Hayes* retired February 2015	-	-	7	2
Rev Peter Devenish-Meares* retired February 2015	-	-	7	2
Mr Ken Walker	-	-	1	1



## Drug Arm Australasia

## Healthy People Healthy Communities

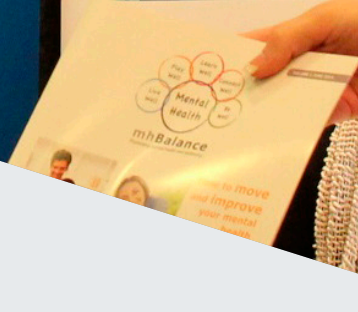
Healthy Options Australia (formerly the Drug Awareness and Relief Foundation Australia) has been providing alcohol and other drug awareness, prevention and treatment programs in Queensland for over 100 years. Healthy Options Australia continues to provide quality services through its three subsidiaries: Drug Arm Australasia, Mental Health Association Australia, and the Australian College of Community Services.

### Drug Arm Australasia



Committed to Reaching  
Reducing Harms  
alcohol and  
through  
treatment,  
outreach.

## Vision Reaching Out



The Executive Committee is made up of the Body Corporate members (Chairman, Treasurer and the Superintendent) and the Vice Chairman. This Committee meets on an as required basis and continues to provide oversight of the operation of the Foundation and its subsidiaries between Board meetings.

In accordance with the Constitution, one third of the Board of Directors retires annually and may be re-elected. The Board has resolved to increase the Board up to eight members for the 2015 - 2016 financial year with the power to co-opt up to three new members with special skills and expertise during the year.

### Directors' Interest and Benefits

No Director received any interest or benefits from the Foundation with the exception of the Superintendent/Executive Director.

### State of Affairs of the Organisation

The organisation's operational and financial position at 30 June 2015, reflected in this Annual Report, is in the opinion of the Directors an accurate and open reporting of the operations for the previous twelve months.

### The Body Corporate

The Body Corporate is responsible for the overall management of the organisation between meetings and is approved by the Constitution to sign legal and other binding documents for and behalf of the Foundation and for its economic entities. The Body Corporate consists of the Chairman, Treasurer and Superintendent.

### Board Oversight

The Board has developed Charters for its own operation as well as for each of the subsidiary Boards and Board committees. These charters set out the Board oversight responsibilities that includes the working relationship with the Executive Director, strategic direction, operational and executive policy, risk management and monitoring and accountability including performance management of both the Board and senior management.

In 2014-15 the Board met 11 times receiving detailed financial and other reports from the various Board Committees and additional information and input from management when necessary.

### Church Members

- The Salvation Army South Queensland Division
- Uniting Church in Australia Queensland Synod
- Presbyterian Church of Queensland
- Queensland Baptists
- Seventh-Day Adventist Church South Queensland Conference
- Church of the Nazarene
- Religious Society of Friends
- Wesleyan Methodist Church South Queensland District
- Queensland Congregational Fellowship
- Fellowship of Congregational Churches
- Australian Christian Endeavour
- Independent Order of Rechabites Qld District No. 87

### Board Executive Members

- Dr John Roulston AM, Chairman
- Mr Peter Henderson, Vice Chairman
- Mr Harold Peacock, Hon Treasurer
- Dr Dennis Young, Executive Director and Superintendent

### National Policy Mental Health, Alcohol and Other Drug Council

- Professor Jake Najman, Chairman
- Dr Joseph Debattista, Deputy-Chairman

### Finance and Audit Committee

- Mr Harold Peacock, Chairman

### Risk Management and Compliance Committee

- Mr Keith Crellin, Chairman

### Solicitors

- Mr Paul Paxton-Hall, Paxton-Hall Lawyers
- Mr Bernie McGowan, Cranston McEachern Lawyers

### Auditors

- Priestleys Chartered Accountants

### Bankers

- Westpac Banking

### Insurance Brokers

- AIB General Insurance Brokers

### Property Managers

- McGees Property Management
- First Asset Management

### Investment Consultants

- Hyperion Asset Management (Share Portfolio)
- Ascent Wealth Management (Property Trust Portfolio)

### ISO 9001 Accreditation

- Certificate Number: QEC26961

### RTO Accreditation

- RTO Number: 311138

### Fundraising Consultant

- Mr Raymond Crompton

### Patrons

- Lt Colonel David Godkin
- Rev David Baker
- Rt Rev Phil Case
- Mr Greg Runge
- Rec Dr David Loder
- Pastor Jorge Munoz
- Rev Bruce Allder
- Ms Susan Addison
- Rev Rex Rigby
- Mr Barry Thorn
- Mr Peter Jenkins
- Mrs Glenys Harbottle
- Mr Elwyn Denman

### Honorary Life Members

- Mr Albert Allen
- Mrs Marlene Behan
- Mr Alex Bourgeaud
- Mr Len Brooks
- Mrs Ailsa Scurr
- Dr Ken Smith
- Mr Colin Williams

# Our vision

Flourishing People, Flourishing Communities

# Our mission

Engage, Encourage, Empower

People and Communities

# Our values

- Collaboration
- Continuous Learning
- Courage
- Creativity
- Diversity
- Growth
- Innovation and Change
- Partnerships
- Respect
- Stewardship

# Our prayer

Healthy Options Australia has adopted the serenity prayer as its organisational prayer. We hope that this prayer gives our community comfort in good times and bad.

*"Grant me the serenity to accept the things I cannot change,  
the courage to change the things I can,  
and the wisdom to know the difference"*



## In Memorium

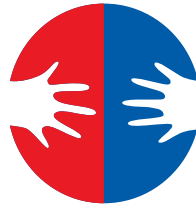
Doug Rea made an outstanding contribution to the work of Drug ARM over many years.

His extensive experience in the alcohol and other drugs sector, together with his profound dedication and commitment to Drug ARM's work, enabled him to play an instrumental role in the growth of our organization up until the present day.

Doug was involved on the Board of Drug ARM for over 33 years and served as the Chairman of the Board for 17 years.

His leadership and vision had a profound impact on many lives, and Doug will be deeply missed by all who were privileged to know him during his time at Drug ARM.





**Healthy Options  
Australia**

DO ALL THE GOOD YOU CAN  
BY ALL THE MEANS YOU CAN  
IN ALL THE WAYS YOU CAN  
IN ALL THE PLACES YOU CAN  
AT ALL THE TIMES YOU CAN  
TO ALL THE PEOPLE YOU CAN  
AS LONG AS EVER YOU CAN

John Wesley

Annual Report  
**2014-15**